

BELL SCHEDULE

WEDNESDAY	THURSDAY	FRIDAY
Block 1	Block 1	Block 1
8:00-9:12	8:00-9:12	8:00-8:50
Block 2	Block 2	Block 2
9:16-10:28	9:16-10:28	9:15-10:05
FLEX	FLEX	Period 3
10:28-10:57	10:28-10:57	10:10-11:10
Block 3 11:01-12:13	Block 3 11:01-12:13	Locker Clean Out
LUNCH	LUNCH	LUNCH
12:13-12:53	12:13-12:53	11:10-12:10
Block 4	Block 4	Block 4
12:57-2:09	12:57-2:09	12:15-1:05
Block 5	Block 5	Block 5
2:13-3:25	2:13-3:25	1:10-2:00





Heritage Woods Assistance Dog

Brie our Heritage Woods Assistance Dog will be here tomorrow — THURSDAY at LUNCH in the counselling area. Come down and say "Hi"!







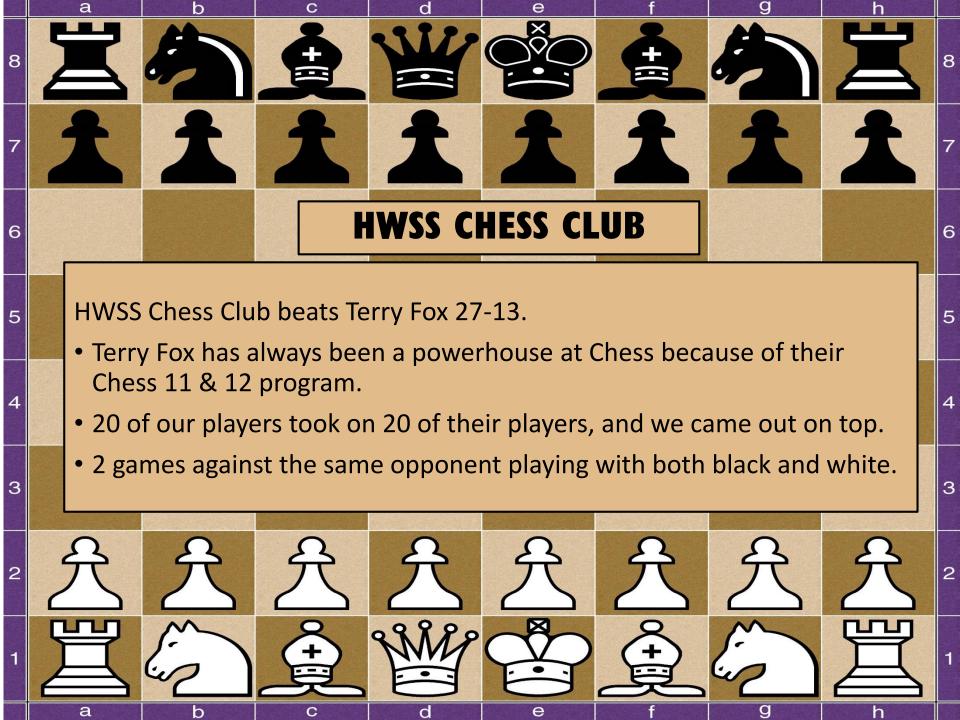
- After School Thursday,
 December
 19, 2019
 - In the Grand Hall by the gym
 - \$5 Milk Tea
 - \$5 Strawberry Fruit Tea



Support the HWSS Robotics Team!

Volunteers needed for HWSS Robotics Tournament

- Friday Jan 17 after school for 2 3 hours
- •Saturday January 18, 10 am 4 pm
- Free food & treats for volunteers
- See Mr. Zhuang in room 217 for details on specific tasks





Career Life Connections 12

MR. BELL'S CLASS

WEDNESDAY, DECEMBER 18TH
M - Z



WHY VOLUNTEER?

- · Gain work experience hours for graduation
- Develop your leadership skills
- · Build your resume and earn a reference letter
- · Make a difference in your community
- Explore career opportunities in Recreation

HOW DO I GET STARTED?

- 1. Visit www.portcoquitlam.ca/volunteer
- 2. Select your area of interest and click "Apply Now!"
- 3. Fill out an Application Form.

SPRING BREAK CAMPS

 All volunteers will be required to complete an Interview, Criminal Record Check and Orientation

Make the most of your Spring Break with our amazing

Assist with games, craft activitites, out trips and more!

Commitment: 40 hours/week for 1 week (40 hours)

Children's Camps, Children's Art Camps, and more.

Spring Break camps, including Sneakers and Jr. Sneakers

Apply now! Application deadlines are January 3rd for Winter Programs and March 5th for Spring Break Camps.

CHILDREN SERVICES

AFTERSCHOOL PROGRAMS

Have fun and help kids keep healthy and active with Afterschool Active at Hyde Creek Rec Centre or Beyond the Bell at local elementary schools! Programs include Art Attack, Soccer, Basketball, Sports & Games and more!

Commitment: 2 hours/week for 8 weeks (16 hours)

Requirements:

- · Must be 15 years of age or older
- Empathetic and enthusiastic
- Enjoy working with children

Requirements:

- Must be 15 years of age or older
- Empathetic and enthusiastic
- · Enjoy working with others

SKATING & BIKE PROGRAMS

SKATE LESSON ASSISTANT

Have fun and gain experience assisting Learn to Skate Instructors teach children ages 2 to 13 basic skating and hockey skills in a fun and supportive program.

Commitment: 2.5 to 4 hours/week for 8 weeks

Requirements:

- . Must be 14 years of age or older
- · Empathetic and enthusiastic
- Able to skate forward and backward with good balance and control

LEISURE BUDDIES

Provide one-on-one support to a child or youth facing barriers to participation in skating lessons, swimming lessons, camps and other programs. Assist participants in focusing on tasks, encouraging participation, providing additional instruction or helping with language barriers.

Commitment: Average of 1-2 hours/week for 8 weeks (Varies by program)

Requirements:

- · Must be 13 years of age or older
- Empathetic and enthusiastic
- · Enjoy working with others

AQUATICS

SWIM LESSON ASSISTANT

Gain lifeguarding experience by assisting Water Safety Instructors in the delivery of the Red Cross Water Safety Programs to participants of all ages.

Commitment: 2 hours/week for 10 weeks (20 hours)

Requirements:

- Must be 13 years of age or older with Bronze Cross and Youth Aquatics Volunteer Training OR 15 years of age with Water Safety Instructor training
- · Experience working with children an asset

ADOPT A SPOT

Adopt a Street, Park or Trail in Port Coquitiam. Perform litter clean-ups at least once per month and report any issues to the City. Set your own schedule and gain volunteer hours while helping to keep Port Coquitiam clean, green and beautiful.

Commitment: Minimum 1 clean up/month for 1 year

Requirements:

- Must be 16 years of age or older OR
 13 years of age with a parent or guardian
- Comfortable working independently outdoors

DIGITAL LITERACY MISSING ASSIGNMENTS

If you are in MR.RAGHOOBARSINGH'S SECTION ONLY -

LAST NAMES starting from letter C - L (COU-LIU).

- If you have recently received a missing assignments notice, they need to be completed ASAP!
- In order to receive a mark, you will need to set up a meeting time with me to present your missing assignment(s) during these Flex hours in the Library Computer Lab between Thursday December 12th through to Thursday December 19th

ATTENTION GRADE 12S

- Yearbook needs you to submit your
 - Baby photo
 - Grad write up
 - Grad survey
 - Name check
- Do this online at the school's portal page
 - Resources>yearbook

Is your name spelled correctly??

Have you completed the Grad Survey?



Eugene Piserchio

"Music is feeling, and thus it is that which I feel."

"Gene" . . . dislikes prejudice and blind conformity . . enjoys art and the theater . . . favorite activity—chasing buses, cabs, and subway trains in N.Y.C. . . . enjoys playing in jazz combos . . . to have a profound and meaningful life . . .

Junior Play; French Club 4; Debating Club 4.

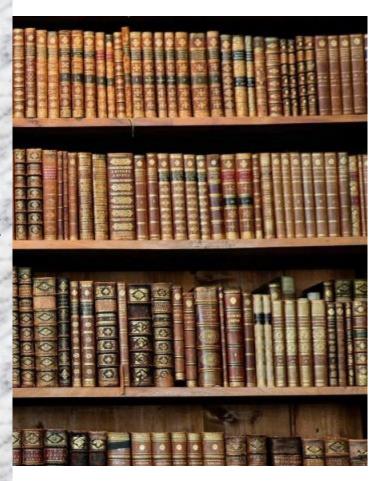


HWSS LIBRARY

LIBRARY CLOSURES-Dec. 6th – Dec 20th

THE LIBRARY AND COMPUTER LAB WILL BE CLOSED ON THE DATES LISTED BELOW TO ALL STUDENTS EXCEPT THOSE IN DIGITAL LITERACY

- Library Dec 6, 13, 20 (Fridays) Flex
 & lunch
- Lab Dec 6, 13, 20 Fridays Lunch
 Dec 9-12, 16-19- FLEX



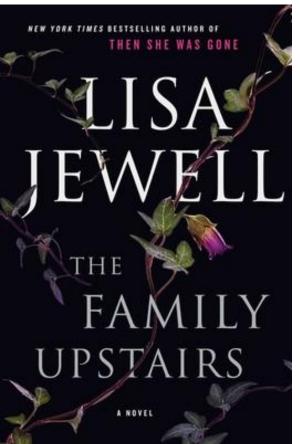


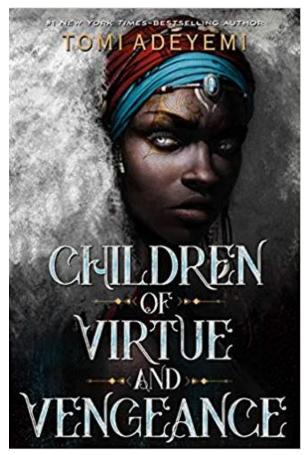
CHECK OUT LEMON N' SQUEEZE ON DEC. 18TH AFTER SCHOOL AT THE THEATER!!!

ONLY \$1.25 TO \$1.50!

10% OF PROFIT GOES TO "SHARE FOOD DRIVE" SO WHY NOT HELP SOMEONE OUT!

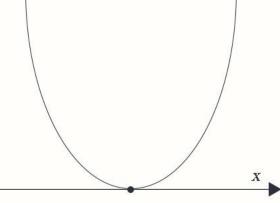






Come and check out the new books at the HWSS Library

MATH CONTEST INFORMATION



AMERICAN MATHEMATICS COMPETITONS 10 (AMC 10)

≡ Grade <u>9 - 10</u>

AMERICAN MATHEMATICS COMPETITONS 12 (AMC 12)

- = Grade 11 12
- ≡ Contest Date: Wednesday, Feb 5th, 2019

FOR MORE INFO:

mpaisley@sd43.bc.ca cwiebe@sd43.bc.ca

HOW TO REGISTER

- ≡ See Ms. Paisley in Room 232 or
- ≡ Ms. Wiebe in Room 305
- Registration Deadline: Dec 20, 2019
- = Fee: \$10

LENGTH / WHERE / WHICH PERIOD / ETC.

- = 75-minute Long (25 Multiple Choice Q's)
- ≡ In the Library
- Starts at the Beginning of FLEX
- ≡ Calculators Permitted ✓

HWSS LANYARDS For Sale

Please come to the main office to purchase.

COST: \$5.00



KODIAK ATHLETICS



CLUBS



Kodiak Konversations

Connect with our EAL students!



MEETINGS EVERY WED. AT FLEX IN ROOM 211

- Gain volunteer hours while having fun
- Snack while you chat and play games
- · Meet new people
- Learn about other cultures

MEETINGS IN ROOM 315 ON WEDNESDAYS AT LUNCH

JOIN WYNS CLUB!!!



Do YOU want to help the community?

- Volunteer hours
- Fundraising
- Partnered with Eagle Ridge Hospital
- Helping kids with medical conditions and providing for those in need



JOIN THE HSEO

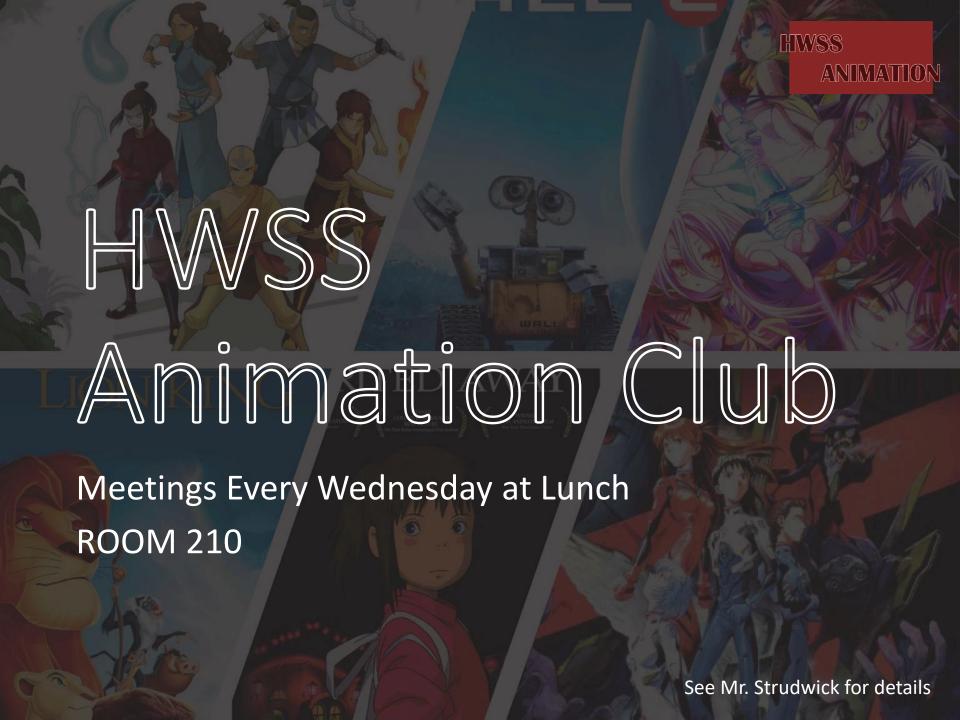
-INTERESTED IN JOINING SCIENCE COMPETITIONS TO BOOST YOUR RESUME?

-WANT TO EARN PRESTIGIOUS AWARDS
FROM BIG UNIVERSITIES LIKE UBC AND U OF T?



NEXT MEETING:

WEDNESDAY @ LUNCH IN ROOM 316 (September 25th)





SKI & SNOWBOARD CLUB Want to shred at Whistler?



Space is becoming limited...

Jan. 18 – 6 spots left

Feb. 8 – 10 spot left

Mar. 7 – 12 spot left

Attention Ski/Snowboard Club Members



Want to shred at Apex Mountain Resort?

Dates: Feb. 20-22

Sign up forms available in Room 314

See Mr. Moretti for details

CAREER CENTER



We will have a Canadian Coast Guard College Recruitment Officer at Heritage Woods on January 14th at lunch in the Grand Hall to discuss with students the postsecondary opportunities available.

The Canadian Coast Guard Officer Training Program offers high school graduates a post secondary education in two streams: Marine Engineering or Marine Navigation. As a result of our four year program, the Officer Cadets will obtain the following:

- Bachelor of Technology in Nautical Sciences
- Canadian Coast Guard College Diploma
- Commercial Certification issued by Transport Canada
- Guaranteed employment with the Canadian Coast Guard upon graduation

Joining the Canadian Coast Guard Officer Training Program, Officer Cadets will receive throughout the four year training program:

- a tuition free education
- · a monthly allowance,
- · free room and board, textbooks and uniforms etc.

Those who join the Officer Training Program become a government employee from the first day of the Officer training program and their job title is Officer Cadet. They will receive:

- · medical and dental plan coverage,
- · pensionable service
- 4 weeks of paid vacation per year

High school students can apply to the Officer Training program in their grade 12 year.

Attention Grade 12 Scholarship Seekers: You can now find internal nomination applications on the Career Centre website for the following scholarships:



Schulich Leader Scholarship – due January 10, 2020 3:30 pm

Remember to check back regularly as more scholarships are posted.

http://www.sd43.bc.ca/school/heritagewoods/ProgramsS
ervices/career/Pages/FinancialAid.aspx#/=

Follow @HWCareerCentre on Twitter for scholarship information

On the HWSS APP select scholarships for up to date information.

Beedie Luminaries Class of 2020 Scholarship Applications Are Now Open!

Bright minds are more than grades, and our scholarship is more than money. We give students what they need for a brighter future.



We look for the diamond in the rough.

We look beyond the grades.

We look for potential because we believe investing in our youth has the potential to transform families and communities.

Do you know of a student or students who fit this criteria? Please let them know about Beedie Luminaries and encourage them to APPLY today!

The 2019/2020 Applications are open until January 20, 2020, 9:00 am PST.

Could you be our 2020 award winner? Other people talk about making the world better. You actually did something.

Presented annually, the <u>Weston Youth Innovation Award</u> was created to encourage and recognize young Canadian innovators. It provides students aged 14 to 18 a unique way to share their ideas and get the word out to a much larger audience! Interested? Why not tell us about your accomplishments? You could be the next Weston Youth Innovation Award winner.

Who is eligible?

- We look for individuals or groups who:
- are between the ages of 14 and 18,
- have used science and/or technology as the basis for developing creative and innovative ideas aimed at solving real-world problems,
- put their ideas into action and as a result, have had a positive impact either in their own community or on a broader scale.

For more information on how to apply visit: https://www.ontariosciencecentre.ca/innovationaward/#howtoapply

- \$15,000 first-place prize
- \$8,500 second-place prize
- \$3,500 each for up to three additional finalists
- Your project featured in an Ontario Science Centre exhibit

Application deadline: February 07, 2020

REPEAT NOTICES



Volunteer Opportunity - City of Coquitlam

